



November

Monday	Tuesday	Wednesday 1	Thursday 2	Friday 3
		Maple Flavored Pancake Fruit Cup Juice Milk	Pop Tarts Raisins Juice Milk	Whole Wheat Cinnamon Roll Applesauce Juice Milk
6	7	8	9	10
Blueberry Muffin Applesauce Juice Milk	Cereal Graham Cracker Apple Milk	Maple Flavored Pancake Fruit Cup Juice Milk	Cocoa Cherry G Force Bar Raisins Juice Milk	Super Donut Applesauce Juice Milk
13	14	15	16	17
Honey Wheat Bagel w/ Cream Cheese Applesauce Juice Milk	Cereal Apple Milk	Maple Flavored Pancake Fruit Cup Juice Milk	Pop Tarts Raisins Juice Milk	Brownie Bite Applesauce Juice Milk
20	21	22	23	24
Chocolate Chip Round Applesauce Juice Milk	Banana Bread Loaf Apple Milk	Maple Flavored Pancake Fruit Cup Juice Milk		No School
27	28	29	30	December 1
Wildberry Bread Slice Applesauce Juice Milk	Cereal Graham Cracker Apple Milk	Maple Flavored Pancake Fruit Cup Juice Milk	Cocoa Cherry G Force Bar Raisins Juice Milk	Honey Wheat Bagel w/ Cream Cheese Applesauce Juice Milk

Momentum Academy

Breakfast

Provided by
CJ's Catering & Food Service

This institution is an equal opportunity provider. All lunches include Milk, Fruits & or Vegetables, Bread or Bread Equivalent, Meat or Meat equivalent (Menu is subject to change) Milk Offered: Fat Free Chocolate and Low Fat White





November

Monday	Tuesday	Wednesday 1	Thursday 2	Friday 3
		1/2 Day No Lunch	Macaroni and Cheese Whole Wheat Roll Green Beans Apple Milk	Popcorn Chicken Crispy Cube Potatoes Juice Milk
6	7	8	9	10
Hot Dog on a Whole Wheat Bun Baked Beans Juice Milk	BBQ Meatballs Whole Wheat Roll Mashed Potatoes Pear Milk	Pizza Romaine Lettuce Applesauce Milk	Beef and Cheese Nachos Whole Grain Chips Carrots Apple Milk	Chicken Nuggets Green Beans Juice Milk
13	14	15	16	17
Hamburger on a Whole Wheat Bun Potato Wedges Juice Milk	Chicken & Cheese Soft Taco Carrots Pear Milk	Pizza Romaine Lettuce Applesauce Milk	Mostacioli Whole Wheat Roll Green Beans Apple Milk	Popcorn Chicken Baked Beans Juice Milk
20	21	22	23	24
Sloppy Joe on a Whole Wheat Bun Carrots Juice Milk	Chicken Patty on a Whole Wheat Bun Corn Pear Milk	Pizza Romaine Lettuce Applesauce Milk		No School
27	28	29	30	December 1
Hamburger on a Whole Wheat Bun Crispy Potato Cubes Juice Milk	Mini Turkey Corn Dogs Baked Beans Pear Milk	Pizza Romaine Lettuce Applesauce Milk	Beef and Bean Chili Whole Wheat Crackers Carrots Apple Milk	Chicken Nuggets Mixed Vegetables Juice Milk

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Lunch

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November

Monday	Tuesday	Wednesday 1	Thursday 2	Friday 3
		Maple Flavored Pancake Fruit Cup Milk	Banana Bread Slice Raisins Milk	
6	7	8	9	10
Blueberry Muffin Applesauce Milk	Cereal Apple Milk	Maple Flavored Pancake Fruit Cup Milk	Chocolate Chip Round Raisins Milk	
13	14	15	16	17
Honey Wheat Bagel w/ Cream Cheese Applesauce Milk	Cereal Apple Milk	Maple Flavored Pancake Fruit Cup Juice Milk	Pop Tarts Raisins Milk	
20	21	22	23	24
Chocolate Chip Round Applesauce Milk	Banana Bread Loaf Apple Milk	Maple Flavored Pancake Fruit Cup Milk		
27	28	29		30
Wildberry Bread Slice Applesauce Milk	Cereal Apple Milk	Maple Flavored Pancake Fruit Cup Milk	Honey Wheat Bagel w/ Cream Cheese Raisins Milk	

Momentum Academy PRE-K

Breakfast

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Milk Offered:
Fat Free White
Low Fat White





November

Monday	Tuesday	Wednesday 1	Thursday 2	Friday 3
		1/2 Day No Lunch	Macaroni and Cheese Whole Wheat Roll Green Beans Apple Milk	
6	7	8	9	10
Hot Dog on a Whole Wheat Bun Baked Beans Juice Milk	BBQ Meatballs Whole Wheat Roll Mashed Potatoes Pear Milk	Pizza Romaine Lettuce Applesauce Milk	Beef and Cheese Nachos Whole Grain Chips Carrots Apple Milk	
13	14	15	16	17
Hamburger on a Whole Wheat Bun Potato Wedges Juice Milk	Chicken & Cheese Soft Taco Carrots Pear Milk	Pizza Romaine Lettuce Applesauce Milk	Mostacioli Whole Wheat Roll Green Beans Apple Milk	
20	21	22	23	24
Sloppy Joe on a Whole Wheat Bun Carrots Juice Milk	Chicken Patty on a Whole Wheat Bun Corn Pear Milk	Pizza Romaine Lettuce Applesauce Milk		
27	28	29		30
Hamburger on a Whole Wheat Bun Crispy Potato Cubes Juice Milk	Mini Turkey Corn Dogs Baked Beans Pear Milk	Pizza Romaine Lettuce Applesauce Milk	Beef and Bean Chili Whole Wheat Crackers Carrots Apple Milk	

**Momentum
Academy
PRE-K**

Lunch

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Milk Offered:
Fat Free White
Low Fat White

