

OCTOBER



Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Snack'n Chocolate Chip Loaf Applesauce Juice Milk	Cereal Apple Milk	Maple Flavored Waffle Orange Juice Milk	Wildberry Bread Slice Raisins Juice Milk	Whole Wheat Cinnamon Roll Applesauce Juice Milk
9	10	11	12	13
Blueberry Muffin Applesauce Juice Milk	Cereal Apple Milk	Maple Flavored Waffle Orange Juice Milk	Pop Tarts Raisins Juice Milk	Pop Tarts Applesauce Juice Milk
16	17	18	19	20
Chocolate Chip Round Applesauce Juice Milk	Cereal Apple Milk	Maple Flavored Waffle Orange Juice Milk	Banana Loaf Raisins Juice Milk	Brownie Bite Applesauce Juice Milk
23	24	25	26	27
Honey Wheat Bagel w/ Cream Cheese Applesauce Juice Milk	Cereal Apple Milk	Maple Flavored Waffle Orange Juice Milk	Apple Cinnamon Loaf Raisins Juice Milk	Super Donut Applesauce Juice Milk
30	31			
Cereal Applesauce Juice Milk	Pumpkin Cinnamon Roll Apple Milk	Happy Halloween		

**MOMENTUM
ACADEMY**

BREAKFAST

CJ's Catering & Food Service

This institution is an equal opportunity provider. All lunches include Milk, Fruits & or Vegetables, Bread or Bread Equivalent, Meat or Meat equivalent (Menu is subject to change) Milk Offered: Fat Free Chocolate and Low Fat White

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Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
BBQ Beef Riblet on Whole Wheat Bun Potato Wedges Juice Milk	Chicken Stir Fry w/ Mixed Vegetables Whole Wheat Roll Pear Milk	Pizza Romaine Lettuce Applesauce Milk	Turkey & Cheese on a Wheat Wrap Carrots Apple Milk	Chicken Nuggets Baked Beans Juice Milk
9	10	11	12	13
Hot Dog on a Whole Wheat Bun Potato Wedges Juice Milk	Macaroni and Cheese Whole Wheat Roll Green Beans Pear Milk	1/2 Day- No Lunch	Beef and Cheese Nachos Whole Grain Chips Carrots Apple Milk	Popcorn Chicken Baked Beans Juice Milk
16	17	18	19	20
Chicken Patty on a Whole Wheat Bun Crispy Cube Potatoes Juice Milk	Chicken & Cheese Soft Taco Carrots Pear Milk	Pizza Romaine Lettuce Applesauce Milk	Italian Sub on a Whole Wheat Bun White Bean Potato Salad Apple Milk	Chicken Tenders Mixed Vegetables Juice Milk
23	24	25	26	27
Hamburger on a Whole Wheat Bun Baked Beans Juice Milk	Mostacioli Whole Wheat Roll Green Beans Pear Milk	Pizza Romaine Lettuce Applesauce Milk	Beef and Bean Chili Whole Wheat Crackers Carrots Apple Milk	Chicken Nuggets Mixed Vegetable Juice Milk
30	31			
Mini Turkey Corn Dogs Baked Beans Juice Milk	Walking Taco Carrots Pear Milk	Happy Halloween		

**MOMENTUM
ACADEMY**

LUNCH

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23	24	25	26	27
Honey Wheat Bagel w/ Cream Cheese Applesauce Milk	Cereal Apple Milk	Maple Flavored Waffle Pear Milk	Apple Cinnamon Loaf Raisins Milk	
30	31			
Cereal Applesauce Milk	Pop Tarts Apple Milk	Happy Halloween		

**MOMENTUM
ACADEMY
PRE K**

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